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## THE IMPACT OF STRESS DURING CLINICAL PRACTICE AT HOSPITALS IN NURSING STUDENTS

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### ABSTRACT

The purpose of this study is to see the impact of stress on the quality of student learning in clinical practices. 300 students of bachelor's degree in our Nursing School have been taken, of which 150 students are in the second year and 150 in the third year of study. The students have completed an anonymous questionnaire on how to experience stress during the practice of teaching in various hospital clinics. 62% of students have confirmed that they experienced stress during the practice. 48% of students experiencing stress are second year students and 14% of stressful students are third year students. Students have experienced a higher level of stress in practice at the surgical clinics, in emergency rooms and in the intensive care unit. Taking into account the role of internships in student formation, we need to add to the curricula the hours of hospital practices. Better coordination with preceptors in hospitals, and increased theoretical knowledge to students, would impact the minimization of stress during the practice.

**Key words:** stress, clinical practice, student, preceptor