

INVESTIGATING THE DESTRUCTIVE EFFECTS OF COLD HUMORS ON BRAIN IN TRADITIONAL MEDICINE

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ABSTRACT

From the perspective of modern medicine, brain diseases are not traceable since humors, from the viewpoint of Iranian medicine, are fluid substances that flow in proportional and balanced amounts in the body when it is in the normal state and their quantitative and qualitative balance maintains the body health and naturally regulates all of its vital mechanisms. In this study, we intend to explain the methods of detecting cold humors increased in the brain with the aid of original resources of Iranian medicine and express the solutions to prevent the formation and accumulation of these materials and extract and explain the methods for their excretion from the body, especially the brain. From the perspective of Iranian medicine, to treat these states, the type of the increased or altered humor should initially be determined based on signs and symptoms and then, we should help the body to excrete and cleanse these materials.

Key words: Cold humors, brain, traditional medicine